

# SUSTAINABLE MEETINGS

## The Coast is Clear

As of 1st July all of our meetings packages will be going green in order to encourage maximum waste and energy savings along with promoting environmental awareness to delegates.

### Included in the Day Delegate Rate:

#### Meeting:

Our Waterside Suite has natural day light and glorious views complete with good ventilation. We will provide a comfortable, natural environment to aid the general well-being of your delegates for the duration of their meeting.

#### We will also provide:

Recycled paper and sustainably sourced pencils

A white board, pens and environmental cloths/cleaners

Complimentary WiFi internet access

In-house production equipment including a screen, microphone, sound for iPod and a projector (to link to a lap top).

Recycling stations for items such as paper, plastic, glass and cans.

#### Eating & Drinking:

3 servings of refreshments will include a selection of teapig teas served with homemade granola flapjacks and carrot cake.

Eco Water (filtered iced water with a twist of citrus and mint from our herb garden).

Fresh, healthy and delicious two course lunch.

**For more information or to look around our conference facilities please contact our Events Team on 01202 475111**



#### Management:

A dedicated member of the events operations team who is a signed up member of the hotel's Environmental Staff Charter will be assigned to your event.

#### 24 Hour Delegate Rate also includes:

- Three course dinner with coffee
- Use of the hydrotherapy pool and sauna
- Overnight accommodation in a river facing double room
- Full English Breakfast

**Day Delegate Rate: £65.00 inc VAT**

**24 hour Residential Rate: £195 per delegate inc VAT**

## Introductory Offer

**Book your conference at the Captain's Club Hotel during July, August and September and receive £20 off our standard delegate package price**

**Please quote: HM062012 when booking**

